



Birmingham Carers Hub

Birmingham Carers Hub offers a wide range of support and services to carers in Birmingham. Registering with us, or referring another person, is quick and simple.

Do you provide unpaid care to a friend, neighbour, or family member who couldn't manage alone?

Is this person in need of your help due to frailty, age, physical illness, mental health condition, or addiction?

If you answered yes to either, or both, of the questions above, it is extremely likely that you are classed as a carer, whether you were aware of it or not.

While being a carer doesn't define you, it may mean that you have some important legal rights including the right to certain types of financial support, practical help, assistance technology and rights in the workplace. Carers UK provide a useful guidebook that explains your rights and how to get the support you are entitled to.

To find out more about the different types of caring roles, and what they entail, please contact us and you may be surprised.

Contact details:

Birmingham Carers Hub Opening Times

Mon, Tues, Thurs & Fri – 8.45am-5pm

Weds – 8.45am-6.45pm

Telephone:

Info & Advice Line – 0333 006 9711 (low call rate)

Carers Advice Line: 0300 555 1515

Booking Line: 020 8102 9654

Email: info@birminghamcarershub.org.uk

Website: www.forwardcarers.org.uk

*Please speak to the receptionist if you are currently a carer.
Our Carers Lead in the practice is Mrs Shashi Kulshrestha*

